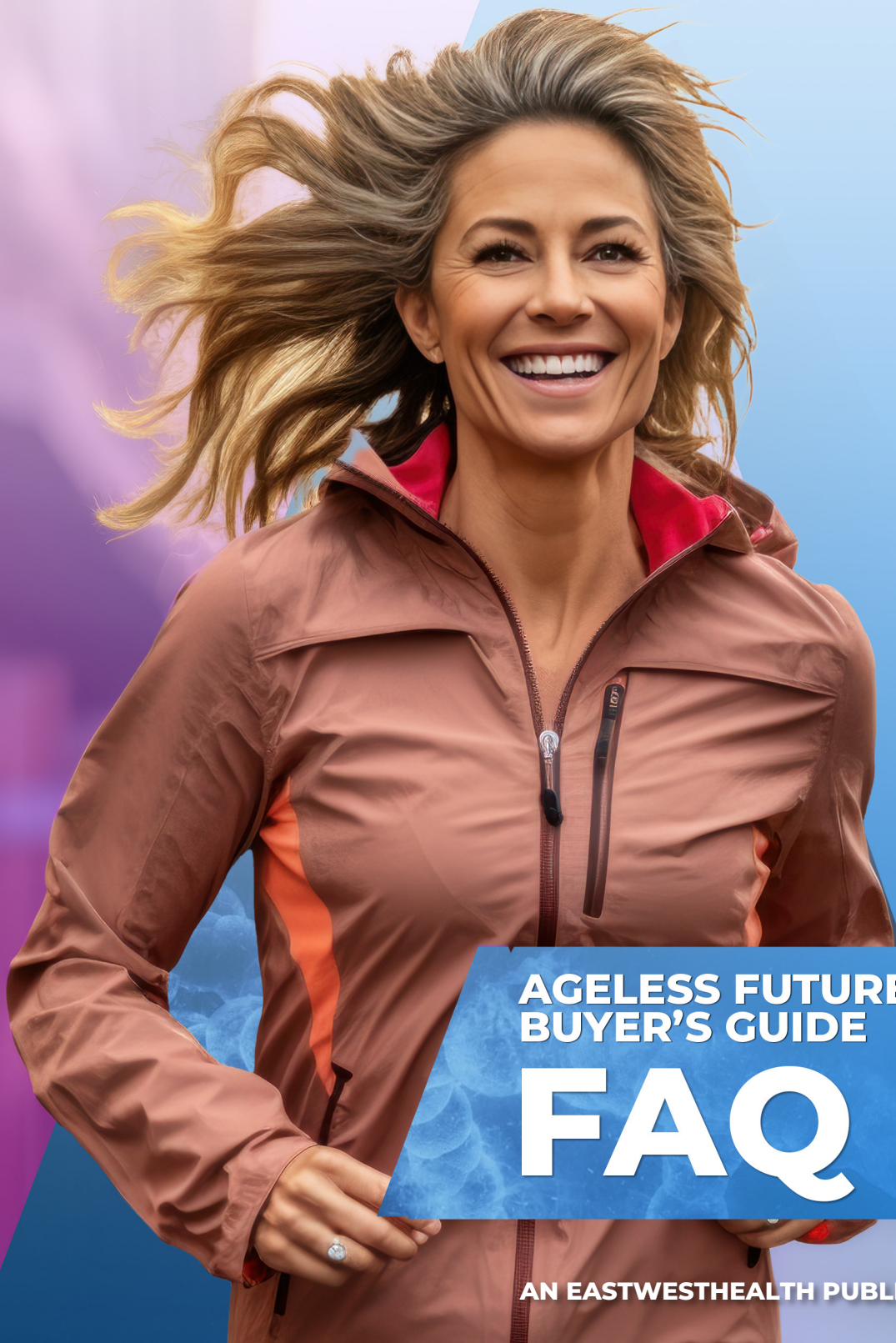


AGELESS FUTURE

POWERED BY EASTWEST HEALTH



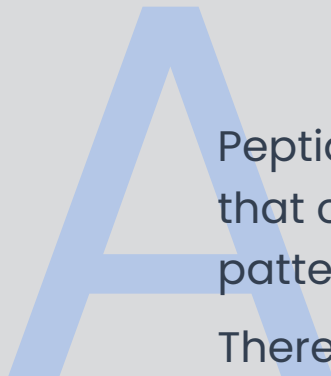
AGELESS FUTURE
BUYER'S GUIDE

FAQ

AN EASTWESTHEALTH PUBLICATION



What are peptides and why are they important?



Peptides are chains of amino acids that create communication patterns between cells in your body.

There are over 7,000 identified peptides that regulate various functions like growth hormone, fat burning, feeling full, sexual wellness, skin health, cardiovascular health, and more. Optimizing your peptide levels can optimize your overall health.

Q

Where do peptides come from?

A

The peptides used should only come from FDA-overseen 503A and 503B compounding pharmacies to ensure sterility, proper dosing, and the full amino acid structure.



Why do I need to do your blood labs over my doctors?



Traditional medical labs only look at 10-24 biomarkers, but more comprehensive tests like the blood panels we run look at 94 markers to identify deficiencies, hormone levels, inflammation pathways, and areas for optimization through nutrition and supplementation.

Q

Do peptide injections hurt?

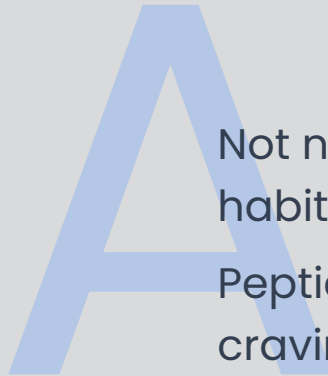
A

No, peptides are injected with small insulin syringes just under the skin at a 60-degree angle.

Most people don't feel anything when injected properly. Some peptides can also be taken orally, as nasal sprays, or topically.



Will I have to give up favorite foods?



Not necessarily, but some unhealthy habits may need adjusting.

Peptides like GLP-1s can help reduce cravings for things like fast food, soda, and alcohol.

Q

Can I work with my existing doctor?

A

Absolutely.

Working as a team with your doctors provides the best approach, as they manage diseases while the peptide experts optimize your overall health.

Q

Do you do hormones?

A

Yes, hormone optimization is a key part of the program for both men and women.

Experts will analyze your labs and determine the ideal hormone therapies or natural approaches.



Do I need to come into the office?



Not usually.

Peptides and at-home regenerative medicine kits are shipped directly to you.

Office visits are only needed for specific procedures like spinal treatments, knee treatments, or brain treatments.

Q

Can my spouse join?

A

Yes, couples are encouraged to go through the program together as it leads to amazing transformations.

Though there is a "no nagging" policy!

Q

How much does it cost?

A

Costs are customized based on your initial lab results and chosen program/protocols.

You'll get transparent pricing options to fit your budget.

Q

What support is provided?

A

You get detailed reports on deficiencies, supplement/peptide recommendations, and a full team of advisors for fitness, nutrition, and lasting behavior changes.

There are different treatment phases with a clear roadmap.

Q

What lab improvements can I expect?

A

Generally, clients see a reduction from 30-40 out-of-range markers down to 15-20 after completing a program, though some fluctuations are normal.

Q

How is this different than getting peptides from a doctor?

14

A

While doctors can prescribe peptides, the key difference is the strategic stacking and cycling of multiple peptides each month based on lab results to target all areas of optimization.

Q

Do I have to stay on peptides forever?

A

No, peptides are cycled with 1–3-month periods on them, followed by breaks to allow your body to produce them naturally again.

The goal is not to require the same peptide indefinitely.

Q

How can I increase speed and effectiveness?

A

Attend the monthly longevity retreats which provide a comprehensive day of cutting-edge treatments, testing, and the ability to sample/purchase peptides and stem cell therapies at discounts.

Q

Why stack peptides based on lab results?

A

Stacking the right peptides at the right times based on lab results allows for precision optimization.

Attempting peptides without thorough testing is an inefficient "blind" approach.

Q

When will I see results?

A

Most clients see initial results within 30 days, whether reduced pain, better brain function, weight loss, improved energy/sleep, etc.

The full program takes 6-12 months for total rejuvenation.

[what we know after [8,687+] labs...]

Our clients get [reinvigorated] about their business, [improve] relationships, have [better] ideas, [enjoy] getting back into activities again, diabetes [prevention], better [body] composition, improved [libido], digestion, [less] pain, brain turned back [on], look [your best], feel [your best], perform [your best]

[Health] is the [one investment] that always yields an [outsized return]

Typical patient results

[2x]

Increase in Energy

[82%]

Sleep Improvement

[93%]

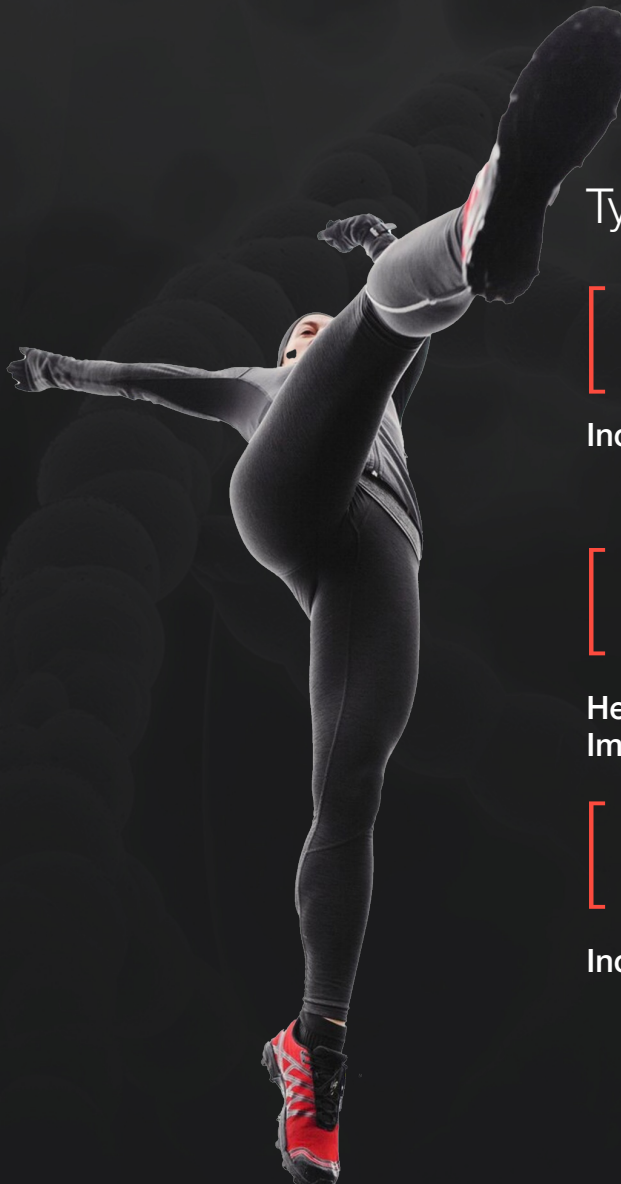
Health & Wellbeing Improvement

[30 lbs]

Average Weight Loss

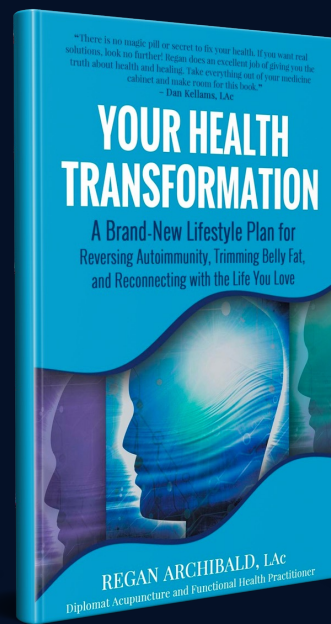
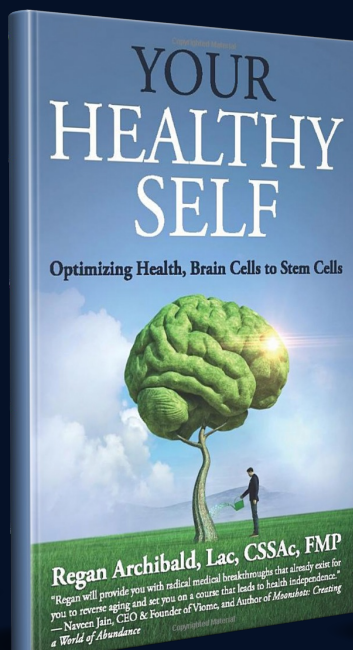
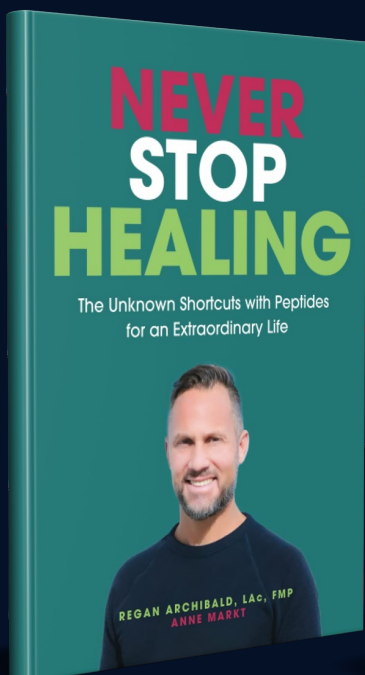
[5 lbs]

Increased Lean Muscle Mass



"I want the next decade to be the best of your life"

Regan Archibald, Lac, FMP, is one of the leading Peptide Specialists in the nation and serves as a Regenerative Therapy and Peptide Consultant at the award-winning clinic he founded in 2004, EastWest Health and now, Integrated Pain Specialists. Regan is the founder of Go Wellness and is the creator of the Peptide Mastery Course. He is a member of the International Peptide Society. He is the author of 8 books including, *Never Stop Healing* and *Your Health Transformation*.



Are you ready for
your Ageless Future?

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