

# AGELESS FUTURE

POWERED BY EASTWEST HEALTH

[ your [ blood ] doesn't lie ]

How a simple [ blood test ] can help you [ lose ] weight, [ sleep ] better, improve [ focus ], memory, [ energy ] and libido

Regan [ Archibald ], Lac, FMP





# [ Greg Ballards' [ 8-month transformation ]



before [ **March 2021** ]



after [ **October 2021** ]



# [ Tammy Bernstein's [ 7-month transformation ]



before [ Jan 15, 2023 ]



after [ Jul 21, 2023 ]



# [ Zak Westpal's [ 6-month transformation ]



before [ **June 2023** ]



after [ **January 2024** ]





[ It even worked for  
my little brother...  
Cade [ **lost 55 lbs** ] !



[ after [ **8,687** ] labs... ]

Our clients get [ **reinvigorated** ] about their business,  
[ **improve** ] relationships, have [ **better** ] ideas,  
[ **enjoy** ] getting back into activities again,  
diabetes [ **prevention** ], better [ **body** ] composition,  
improved [ **libido** ], digestion, [ **less** ] pain, brain turned back [ **on** ]  
Look [ **your best** ], feel [ **your best** ], perform [ **your best** ]





## [ Greg's Health [ Concerns ]

30 lbs. [ overweight ]

Knee and joint [ pain ]

[ Arthritis ]

[ Digestive ] issues

Thyroid and [ adrenal ] burnout

High [ stress ] and low [ libido ]

Poor [ sleep ] and [ memory ]



**Above Optimal Range**  
19 Current 0 Previous

**Above Standard Range**  
6 Current 0 Previous

**Alarm High**  
1 Current 0 Previous

**Below Optimal Range**  
6 Current 0 Previous

**Below Standard Range**  
1 Current 0 Previous

**Alarm Low**  
0 Current 0 Previous

Element	Current	Previous	Impr	Optimal Range	Standard Range	Units
	Aug 05 2022					
Glucose	78.00			72.00 - 90.00	65.00 - 99.00	mg/dL
Hemoglobin A1C	5.50			5.00 - 5.60	0.00 - 5.60	%
Insulin - Fasting	10.00			2.00 - 19.00	2.00 - 19.00	µIU/ml
C-Peptide	1.90			0.80 - 3.10	0.80 - 3.10	ng/ml
BUN	17.00			10.00 - 16.00	7.00 - 25.00	mg/dL
Creatinine	0.96			0.80 - 1.10	0.40 - 1.35	mg/dL
BUN/Creatinine Ratio	17.70			10.00 - 16.00	6.00 - 22.00	Ratio
eGFR Non-Afr. American	93.00			90.00 - 120.00	60.00 - 90.00	mL/min/1.73m2
Sodium	140.00			135.00 - 142.00	135.00 - 146.00	mEq/L
Potassium	4.00			4.00 - 4.50	3.50 - 5.30	mEq/L
Sodium/Potassium Ratio	35.00			30.00 - 35.00	30.00 - 35.00	ratio
Chloride	100.00			100.00 - 106.00	98.00 - 110.00	mEq/L
CO2	24.00			25.00 - 30.00	19.00 - 30.00	mEq/L
Anion gap	20.00			12.00	6.00 - 16.00	mEq/L
Uric Acid, male	6.60			3.50 - 5.90	4.00 - 8.00	mg/dL
Protein, total	7.50			6.90 - 7.40	6.10 - 8.10	g/dL
Albumin	5.00			4.00 - 5.00	3.60 - 5.10	g/dL
Globulin, total	2.50			2.40 - 2.80	2.00 - 3.50	g/dL
Albumin/Globulin Ratio	2.00			1.40 - 2.10	1.00 - 2.50	ratio
Calcium	9.50			9.40 - 10.10	8.60 - 10.40	mg/dL
Calcium/Albumin Ratio	1.90			0.00 - 2.60	0.00 - 2.70	ratio
Phosphorus	2.90			3.50 - 4.00	2.50 - 4.50	mg/dL
Calcium/Phosphorous Ratio	3.27			2.30 - 2.80	1.90 - 4.20	ratio
Magnesium	2.30			2.20 - 2.50	1.50 - 2.50	mg/dl
Alk Phos	70.00			70.00 - 100.00	35.00 - 115.00	IU/L
AST (SGOT)	35.00			35.00	35.00	IU/L
ALT (SGPT)	53.00			29.00	29.00	IU/L

**1. Insulin Resistance**

**2. Anion Gap**

**3. ALT (Liver Enzyme)**

LDH	195.00			140.00 - 200.00	120.00 - 250.00	IU/L
Bilirubin - Total	0.50			0.10 - 0.90	0.20 - 1.20	mg/dL
GGT	67.00			10.00 - 30.00	3.00 - 70.00	IU/L
Iron - Serum	116.00			85.00 - 130.00	40.00 - 160.00	µg/dL
Ferritin	285.00			40.00 - 150.00	10.00 - 232.00	ng/mL
TIBC	362.00			250.00 - 350.00	250.00 - 425.00	µg/dL
Cholesterol - Total	221.00			155.00 - 200.00	125.00 - 200.00	mg/dL
Triglycerides	140.00			0.00 - 150.00	0.00 - 150.00	mg/dL
LDL Cholesterol	149.00			0.00 - 120.00	0.00 - 100.00	mg/dL
HDL Cholesterol	47.00			55.00 - 70.00	46.00 - 100.00	mg/dL
Cholesterol/HDL Ratio	4.70			0.00 - 3.00	0.00 - 5.00	Ratio
Triglyceride/HDL Ratio	2.97			0.00 - 2.00	0.00 - 3.30	ratio
TSH	3.09			1.00 - 3.00	0.40 - 4.50	µU/mL
Free T3	3.20			2.80 - 3.50	2.30 - 4.20	pg/ml
Total T3	126.00			90.00 - 168.00	76.00 - 181.00	ng/dL
Free T4	1.27			1.00 - 1.50	0.80 - 1.80	ng/dL
Total T4	8.10			6.00 - 11.90	4.50 - 12.00	µg/dL
T3 Uptake	24.00			27.00 - 35.00	22.00 - 35.00	%
Free Thyroxine Index (T7)	1.94			1.70 - 4.60	1.40 - 3.80	Index
C-Reactive Protein	4.00			0.00 - 5.00	0.00 - 7.90	mg/L
Homocysteine	27.20			0.00 - 10.30	0.00 - 10.30	µmol/L
Fibrinogen	362.00			369.00	175.00 - 425.00	mg/dl
Vitamin D (25-OH)	23.10			50.00 - 90.00	30.00 - 100.00	ng/ml
DHEA-S, Male	165.00			350.00 - 490.00	65.00 - 510.00	µg/dl
Sex Hormone Binding Globulin, male	32.10			16.00 - 30.00	10.00 - 50.00	nmol/L
Testosterone, Total Male	412.80			264.00 - 916.00	264.00 - 916.00	ng/dl
Estradiol, Male	36.50			10.00 - 30.00	0.00 - 39.00	pg/ml
Total WBCs	6.90			5.30 - 7.50	3.80 - 10.80	k/cumm
RBC, Male	5.15			4.20 - 4.90	4.20 - 5.80	m/cumm
Hemoglobin, Male	16.60			14.00 - 15.00	13.20 - 17.10	g/dl
Hematocrit, Male	47.10			40.00 - 48.00	38.50 - 50.00	%
MCV	92.00			85.00 - 92.00	80.00 - 100.00	fL
MCH	32.20			27.00 - 31.90	27.00 - 33.00	pg
MCHC	35.20			32.00 - 35.00	32.00 - 36.00	g/dL
Platelets	158.00			150.00 - 400.00	140.00 - 400.00	k/cumm
RDW	13.00			11.70 - 13.00	11.00 - 15.00	%
Neutrophils	56.00			40.00 - 60.00	38.00 - 74.00	%
Lymphocytes	31.00			25.00 - 40.00	14.00 - 46.00	%
Monocytes	7.00			0.00 - 7.00	0.00 - 7.00	%
Eosinophils	5.00			0.00 - 3.00	0.00 - 3.00	%
Basophils	1.00			0.00 - 1.00	0.00 - 1.00	%

**4. Ferritin**

**5. Cholesterol**

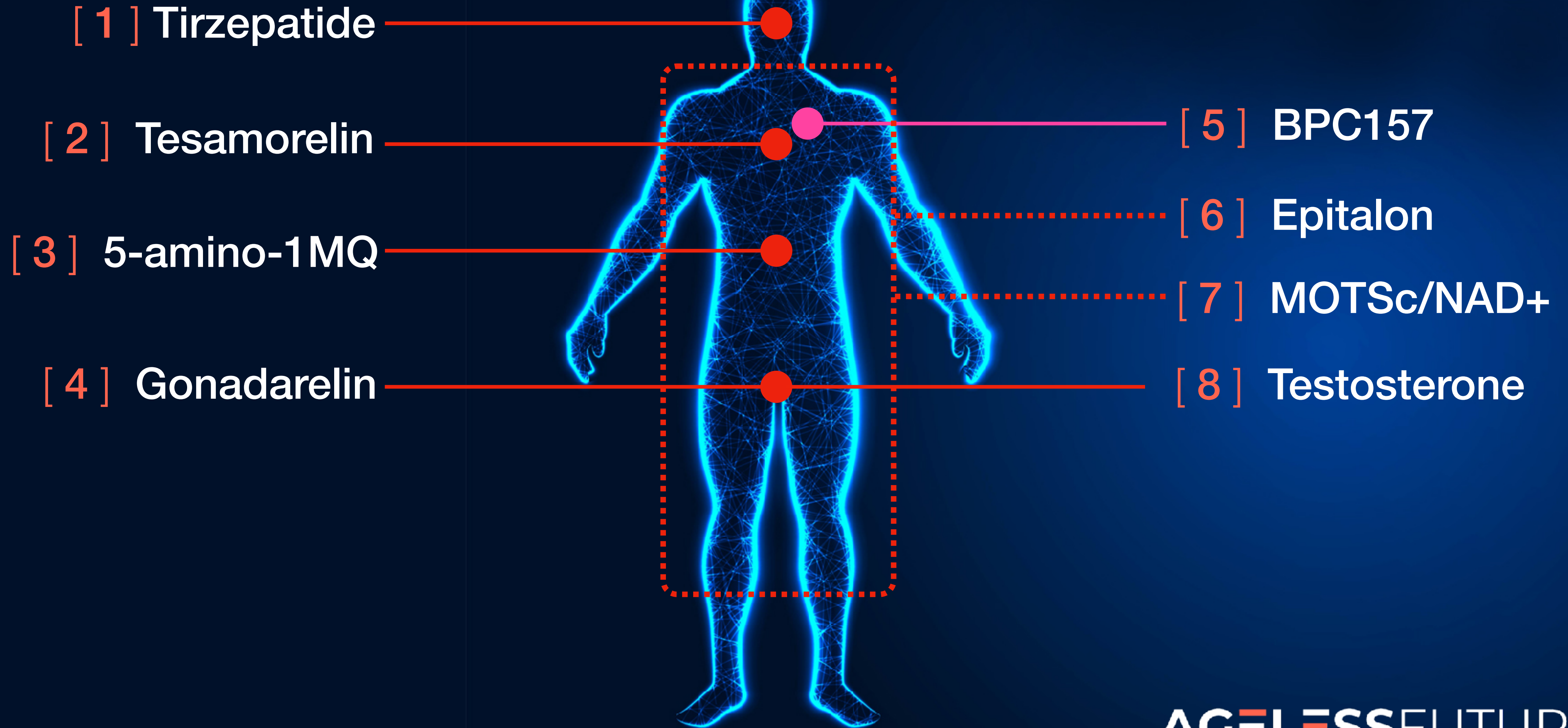
**6. Homocysteine**

**7. Testosterone**

**8. Eosinophils**

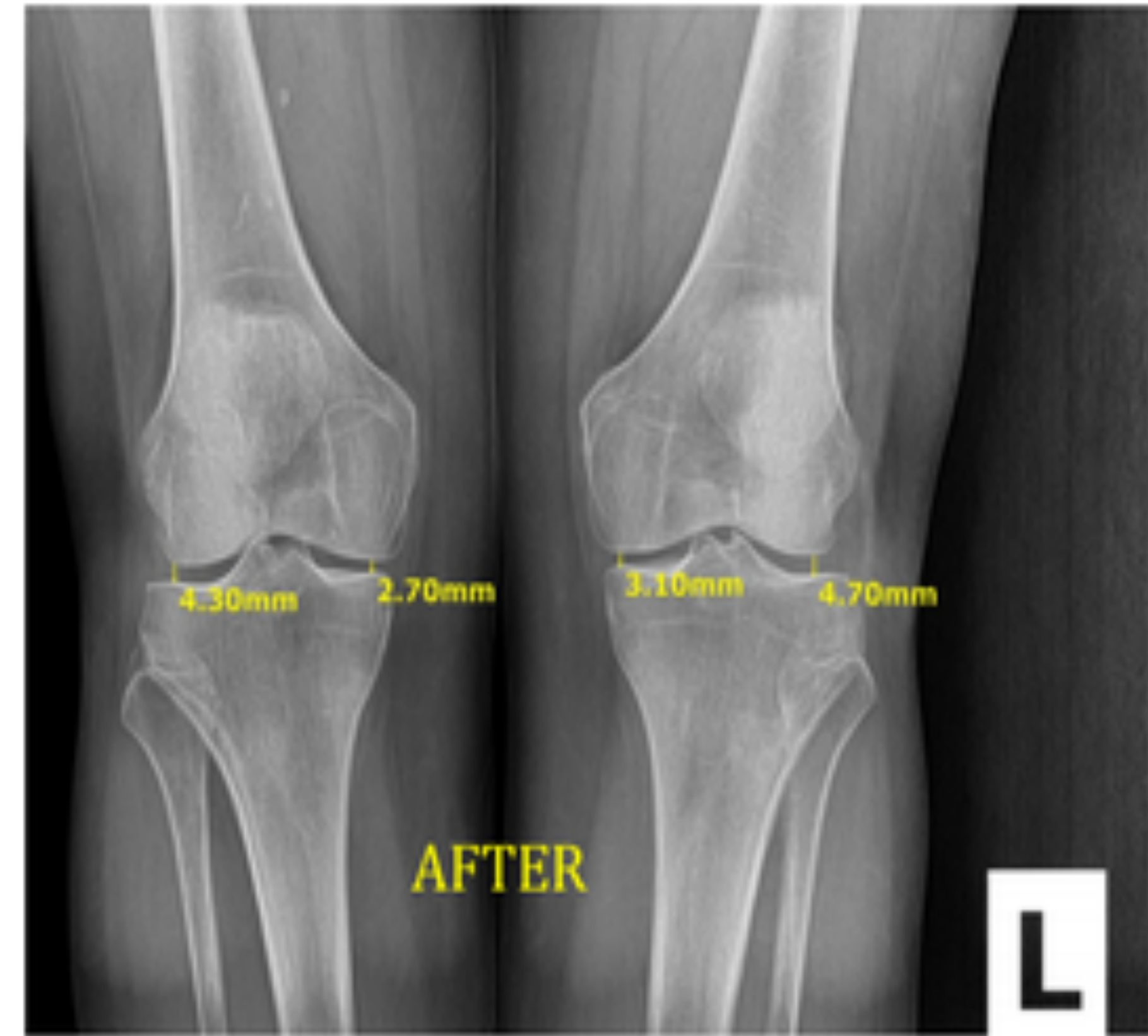


# [ What are [ **peptides** ] and what do they do [ ? ]





[ Knee [ regeneration ]: 6 months [ surgery-free ]



[ 1mm-2mm [ regrown cartilage ]





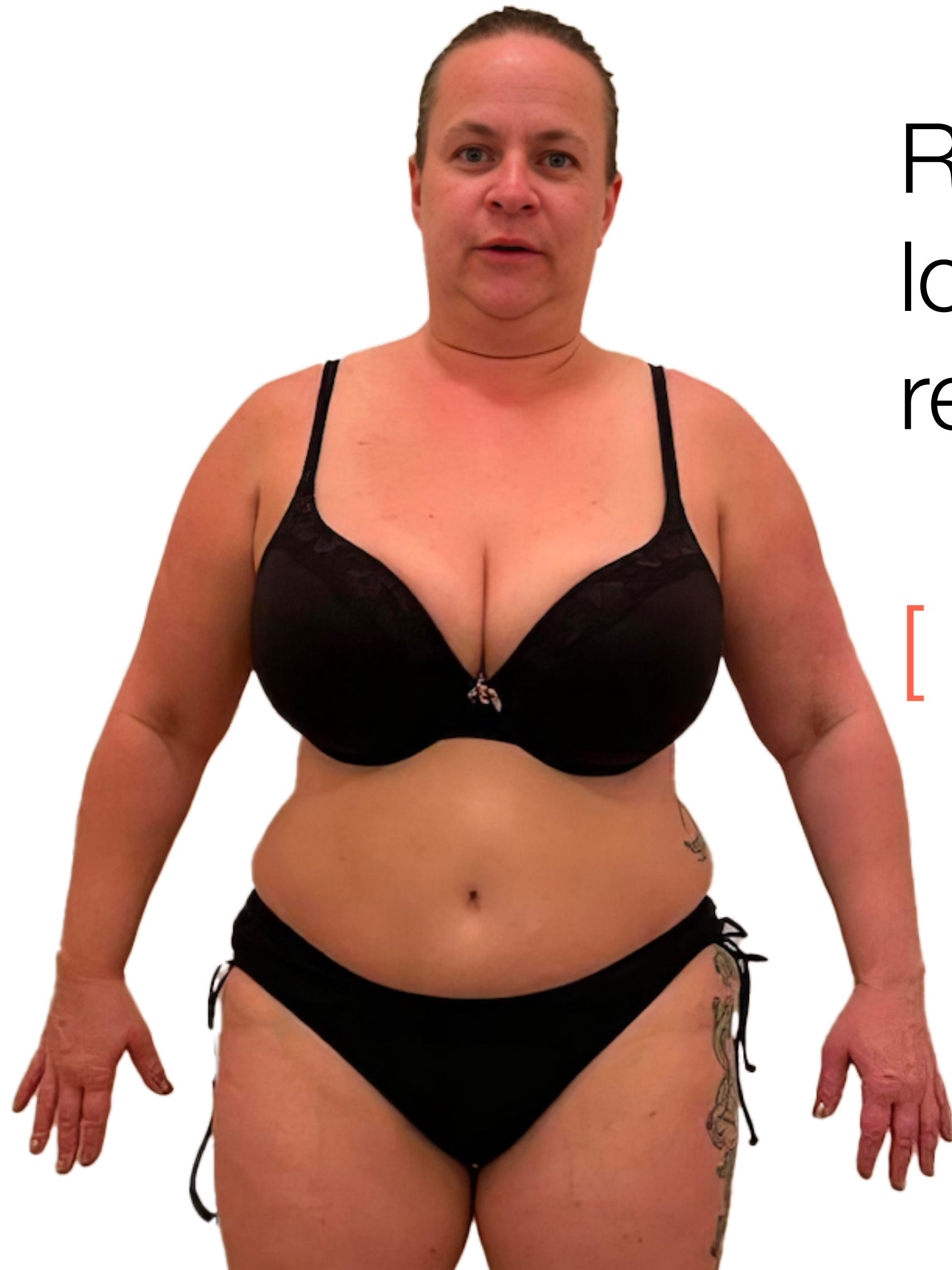
[ within [ **6** ] months I lost [ **32** ] lbs.,  
am able to [ **golf** ], [ **hike** ], and walk  
without [ **pain** ], and could  
[ **remember** ] the dimensions of all  
the buildings he architected ... ]



[ Tammy Bernstein [ 42F ]

Recently lost [ edge ], feels a sense of loss and [ emotional/physical ] pain has reached [ threshold ] level

[ have you ever [ felt ] that way [ ? ]





# [ Tammy's Health Concerns ]



Recent Divorce [ **stress** ]

Feeling [ **unattractive** ] and [ **old** ]

Chronic [ **disease** ]

Tried every [ **diet** ] and [ **failed** ]

[ **Lost** ] her purpose

Works too [ **much** ]



# [ discovering the [ cause ]

<b>Above Optimal Range</b> 9 Current 0 Previous	<b>Above Standard Range</b> 9 Current 0 Previous	<b>Alarm High</b> 2 Current 0 Previous
<b>Below Optimal Range</b> 11 Current 0 Previous	<b>Below Standard Range</b> 2 Current 0 Previous	<b>Alarm Low</b> 0 Current 0 Previous

Element	Current	Previous	Impr	Optimal Range	Standard Range	Units
<b>Blood Sugar</b>						
Glucose	126.00 ↑			72.00 - 90.00	65.00 - 99.00	mg/dL
Hemoglobin A1C	5.80 ↑			5.00 - 5.50	0.00 - 5.60	%
Insulin - Fasting	5.90 ↑			2.00 - 5.00	2.00 - 19.00	µIU/ml
C-Peptide	3.40 ↑			0.80 - 3.10	0.80 - 3.10	ng/ml
BUN	33.00 ↑			10.00 - 16.00	7.00 - 25.00	mg/dL
Creatinine	0.77 ↓			0.80 - 1.10	0.40 - 1.35	mg/dL
BUN/Creatinine Ratio	42.85 ⚠			10.00 - 16.00	6.00 - 22.00	Ratio
eGFR	92.00			90.00 - 120.00	60.00 - 90.00	mL/min/1.73m2
Sodium	138.00			135.00 - 142.00	135.00 - 146.00	mEq/L
Potassium	4.50			4.00 - 4.50	3.50 - 5.30	mEq/L
Sodium/Potassium Ratio	30.66			30.00 - 35.00	30.00 - 35.00	ratio
Chloride	104.00			100.00 - 106.00	98.00 - 110.00	mEq/L
CO2	18.00 ↓			20.00 - 30.00	19.00 - 30.00	mEq/L
Anion gap	20.50 ↑			6.00 - 16.00	6.00 - 16.00	mEq/L
Uric Acid, female	5.70 ↑			3.00 - 5.50	2.50 - 7.00	mg/dL
Protein, total	6.40 ↓			6.90 - 7.40	6.10 - 8.10	g/dL
Albumin	4.30			4.00 - 5.00	3.60 - 5.10	g/dL
Globulin, total	2.10 ↓			2.40 - 2.80	2.00 - 3.50	g/dL
Albumin/Globulin Ratio	2.04			1.40 - 2.10	1.00 - 2.50	ratio
Calcium	9.40			9.40 - 10.10	8.60 - 10.40	mg/dL
Calcium/Albumin Ratio	2.18			0.00 - 2.60	0.00 - 2.70	ratio
Phosphorus	3.30 ↓			3.50 - 4.00	2.50 - 4.50	mg/dL
Calcium/Phosphorous Ratio	2.84 ↑			0 - 2.80	1.90 - 4.20	ratio
Magnesium	2.30			0 - 2.50	1.50 - 2.50	mg/dl
Alk Phos	61.00 ↓			70.00 - 100.00	35.00 - 115.00	IU/L
AST (SGOT)	78.00 ↑			10.00 - 26.00	10.00 - 35.00	IU/L
ALT (SGPT)	69.00 ↑			10.00 - 26.00	6.00 - 29.00	IU/L

LDH	168.00			140.00 - 200.00	120.00 - 250.00	IU/L
Bilirubin - Total	0.30			0.10 - 0.90	0.20 - 1.20	mg/dL
GGT	27.00			10.00 - 30.00	3.00 - 70.00	IU/L
Iron - Serum	99.00			85.00 - 130.00	40.00 - 160.00	µg/dL
Ferritin	108.00			40.00 - 150.00	10.00 - 232.00	ng/mL
TIBC	319.00			250.00 - 350.00	250.00 - 425.00	µg/dL
Cholesterol - Total	284.00 ↑			155.00 - 190.00	125.00 - 200.00	mg/dL
Triglycerides	54.00			50.00 - 100.00	0.00 - 150.00	mg/dL
LDL Cholesterol	208.00 ⚠			0.00 - 130.00	0.00 - 100.00	mg/dL
HDL Cholesterol	71.00 ↑			0.00 - 100.00	48.00 - 100.00	mg/dL
Cholesterol/HDL Ratio	4.00 ↑			0.00 - 5.00	0.00 - 5.00	Ratio
Triglyceride/HDL Ratio	0.76			0.00 - 2.00	0.00 - 3.30	ratio
TSH	0.82 ↓			1.00 - 3.00	0.40 - 4.50	µU/mL
Free T3	1.60 ↓			2.80 - 3.50	2.30 - 4.20	pg/ml
Free T4	1.18			0.00 - 1.50	0.80 - 1.80	ng/dL
Total T4	6.60			6.00 - 11.90	4.50 - 12.00	µg/dL
T3 Uptake	31.00			27.00 - 35.00	22.00 - 35.00	%
Free Thyroxine Index (T7)	2.04			1.70 - 4.60	1.40 - 3.80	Index
Homocysteine	9.30 ↑			0.00 - 6.00	0.00 - 10.30	µmol/L
Fibrinogen	243.00 ↓			295.00 - 369.00	175.00 - 425.00	mg/dl
Vitamin D (25-OH)	37.00 ↓			50.00 - 90.00	30.00 - 100.00	ng/ml
DHEA-S, Female	175.00 ↓			275.00 - 400.00	35.00 - 325.00	µg/dl
Sex Hormone Binding Globulin, female	36.50 ↓			0.00	17.00 - 124.00	nmol/L
Estradiol, Female	54.50			19.00 - 357.00	19.00 - 357.00	pg/ml
Progesterone, Female	4.90			0.50 - 21.50	0.50 - 21.50	ng/ml
Testosterone, Total Female	32.30			30.00 - 48.00	8.00 - 48.00	ng/dl
Total WBCs	10.10 ↑			5.30 - 7.50	3.80 - 10.80	k/cumm
RBC, Female	4.42			3.90 - 4.50	3.80 - 5.10	m/cumm
Hemoglobin, Female	13.80			13.50 - 14.50	11.70 - 15.50	g/dl
Hematocrit, Female	42.70			37.00 - 44.00	35.00 - 45.00	%
MCV	97.00 ↑			85.00 - 92.00	80.00 - 100.00	fL
MCH	31.20			27.00 - 31.90	27.00 - 33.00	pg
MCHC	32.30			32.00 - 35.00	32.00 - 36.00	g/dL
Platelets	225.00			150.00 - 400.00	140.00 - 400.00	k/cumm
RDW	12.50			11.70 - 13.00	11.00 - 15.00	%
Neutrophils	71.00 ↑			0.00	38.00 - 74.00	%
Lymphocytes	20.00 ↓			0.00	14.00 - 46.00	%
Monocytes	4.00			0.00 - 7.00	0.00 - 7.00	%
Eosinophils	4.00 ↑			0.00	0.00 - 3.00	%
Basophils	1.00			0.00	0.00 - 1.00	%

**hA1c**

**Protein**

**Kidneys**

**Sleep/Stress**

**Leaky Gut**

**Liver**

**Heart**

**Cholesterol**

**Thyroid**

**Brain**

**Hormones**

**Infection**

**Allergies**



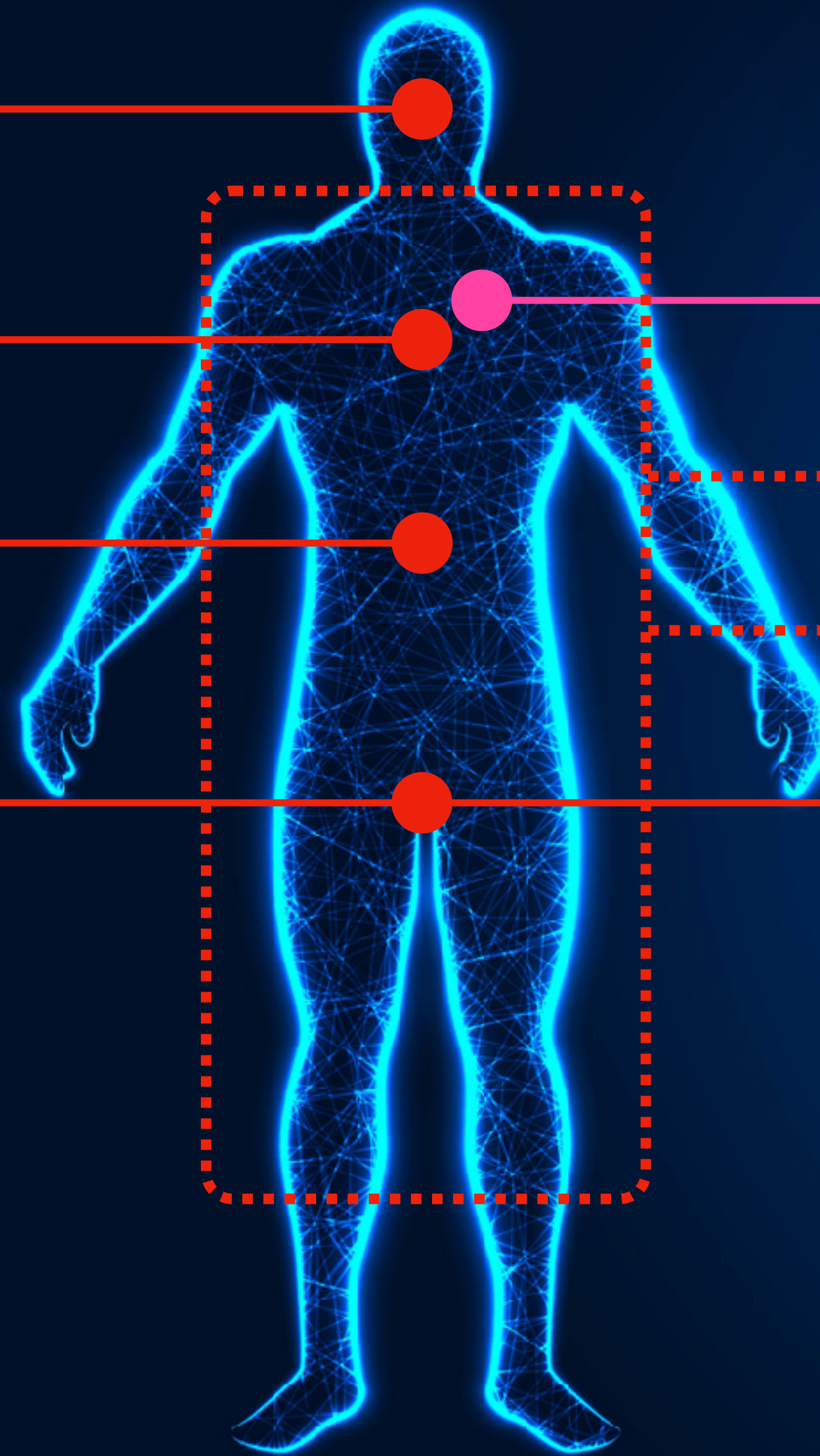
# [ What are [ peptides ] and why do they matter [ ? ]

[ 1 ] Tirzepatide

[ 2 ] Tesamorelin

[ 3 ] SS31

[ 4 ] Kisspeptin



[ 5 ] Thymosin Beta 4

[ 6 ] Epitalon / GHK

[ 7 ] NAD+

[ 8 ] Testosterone  
and Prospectorone



# [ Tammy Bernstein's [ 7-month transformation ]



before [ Jan 15, 2023 ]



after [ Jul 21, 2023 ]



[ Please share my story because I had no idea that these solutions [ **existed** ] that could [ **change** ] my life in so many ways ]

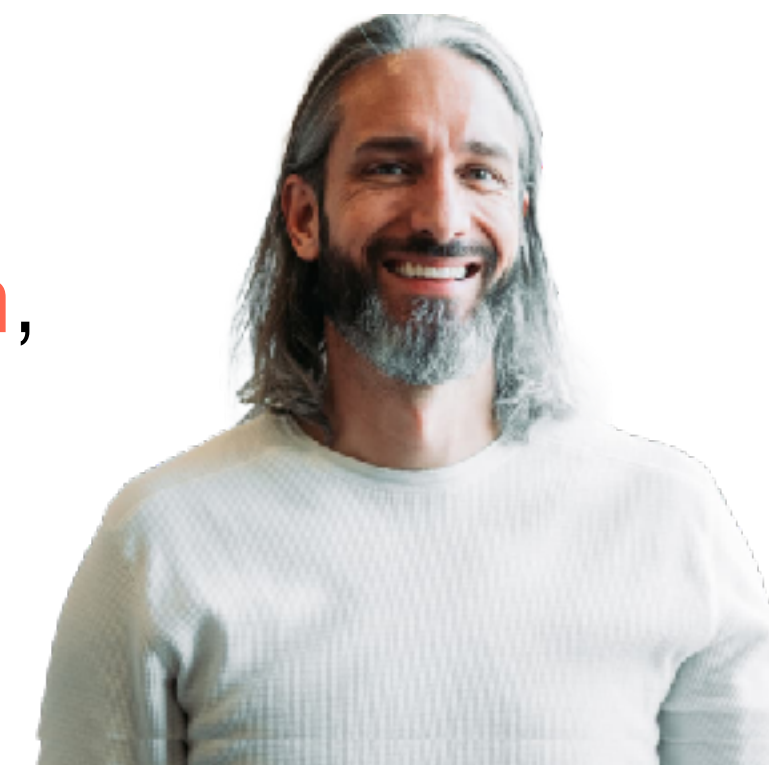
[ Getting your blood [ **tested** ] can [ **reveal** ] the same answers for you! ]



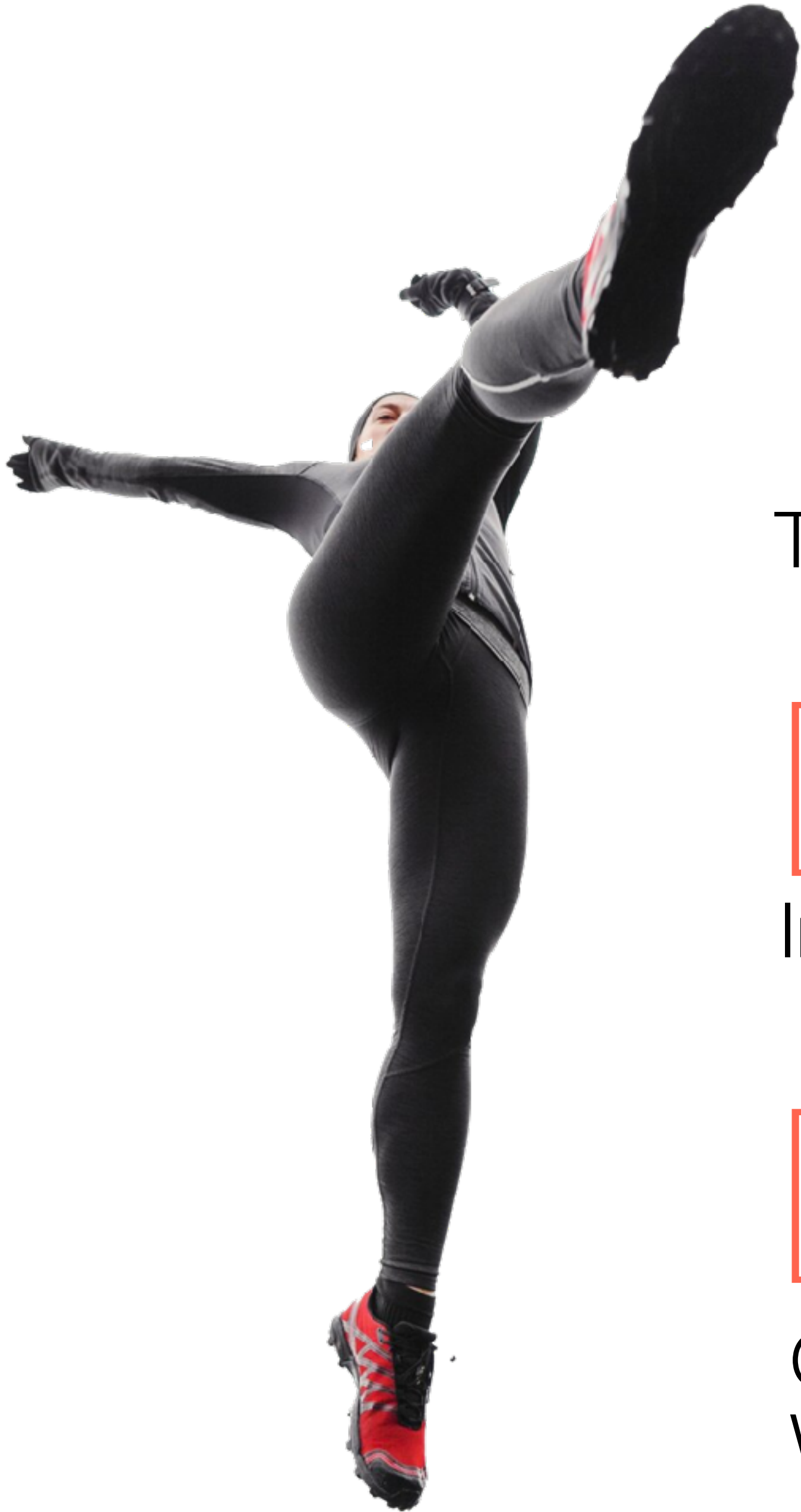
# [ people we [ work ] with ]



Mike **Koenigs**, Dan and Babs **Sullivan**, Chris **Voss**, Jeff **Hays**, Lisa **Sasevich**, Garrett **Gunderson**, Bryan **Sweet**, Hal **Elrod**, Michael **Mogill**, Ben **Greenfield**, Justin **Donald**, Jim and Jamie **Sheils**, Becky **Robbins**, Glen **Ledwell**, Charles **Byrd**







[ **Health** ] is the [ **one investment** ] that always yields an [ **outsized return** ]

Typical patient results

[ **2x** ]

Increase in Energy

[ **82%** ]

Sleep Improvement

[ **5 lb** ]

Increased Lean Muscle Mass

[ **93%** ]

Overall Health & Well-Being

[ **30 lbs** ]

Average Weight Loss



# Will your lab test be the [ 10,121 ]?

## Get Your Longevity Blood Test

- \$1500 Value
- Personalized Program Roadmap
- Comprehensive Blood Chemistry Panel
- Personalized Peptide Protocol



[www.AgelessFuture.com](http://www.AgelessFuture.com)

